What's on the Menu?

October 2023 Orange Elementary Lunch

Sunday **Monday Tuesday** Wednesday **Thursday Friday** Saturday 5 Ö 2 Chicken Parmesan Week 1 Peanut Free Schools Classic Cheese Or Peanut Butter & Jelly Sandwich Cheesy Bread Stick Cleveland Soft Shell Turkey Taco Spaghetti & Meatballs Chicken Nuggets Pepperoni Pizza Turkey Ham & Cheese Chicken Nuggets Salsa, Cheese Forest Fresh Plum Red Apple Fruit Parfait **Chicken Nuggets** Fresh Pear Fresh Orange Wedge Oakwood Pineapple Tidbits Blueberry Muffin Fun Fresh Orange Fruit Cocktail Raisin Fresh Gala Apple Park Ave Tossed Salad Apple Sauce Seasoned String Beans Lunch Seasoned Carrots Coin Seasoned Black Beans Sweet Potato Fries Crunchy Carrot Seasoned Green Peas 12 11 13 10 **SMART** Week 2 SCHOOL CLOSED Hot Turkey Ham And Peanut Butter & Jelly **SNACKING** Bubbly Mac & Cheese Baja Beef Rice Bowl Classic Cheese or NO Cheese on Pretzel Bun Turkey & Cheese Corn and Bean Salad Beef Hot Dog Pepperoni Pizza Fruit Parfait Beef Hot Dog LUNCH Fresh Pear Fresh Red Apple Fresh Banana Seedless Red Grapes Apple Cinnamon Muffin

Week 3

- Peanut Butter & Jelly
- American Hoagie

Fun Lunch

Crunch Celery

- Fruit Parfait
- Chocolate Chip Muffin Fun Lunch
- Crunchy Cucumbers

16

23

General Tso' Chicken Rice Bowl Hamburger or Cheese

SERVICE

Burger

Fresh Granny Smith Apple Chilled Pears Steamed Broccoli

Chicken And Cheese Quesadilla

Chilled Peaches

Seasoned Garbanzo Beans

Fresh Apple Slice Chilled Apple Sauce Zesty Corn Salad Crunchy Seasoned Black Beans

17

Corn Doa Hamburger or Cheese Burger

Diced Pears

Sweet Potato Tot

Roasted Broccoli

Seedless Red Grapes Chilled Pears Three Bean Salad Seasoned Potato Wedges

18

19 Chicken Meatball Parmesan Sandwich

Fruit Cocktail

Smiley Fries and

Hamburger or Cheese <u>Burger</u> Fresh Orange Chilled Apple Crispy French Fries Tossed Salad

26

Classic Cheese or

Pepperoni Pizza Fresh Banana Apple Sauce Baby Carrots

Chilled Fruit Cocktail

Tossed Salad





Week 4

- Peanut Butter & Jelly Chicken Salad Hoagie
- Fruit Parfait
- Banana Muffin Fun Lunch
- Fresh Grape Tomatoes

Hearty Italian Meat Sauce Chicken Patty Sandwich

Fresh Red Delicious Apple Chilled Diced Peaches Seasoned Sweet Potato

24

Turkey Nachos Salsa Cheese

Fresh Oranges Pineapple Tidbits Corn Salsa

Baked Chicken Drumstick Chicken Patty Sandwich

Fresh Pear Chilled Pineapple Tidbits Seasoned Mash Potatoes

25

Cheesy Ziti Pasta Chicken Patty Sandwich

Fresh Gala Apple Chilled Fruit Cocktail Capri Mixed Veggies

20

27

Classic Cheese or Pepperoni Pizza

Fresh Sliced Apple Fruit Cocktail Tossed Salad



Week 5

- Peanut Butter & Jelly
- Hoagie
- Fruit Parfait
- Chocolate Chip Muffin
- Fun Lunch Crunchy Carrot

30

Bubbly Mac & Cheese Popcorn Chicken Fresh Granny Smith Apple

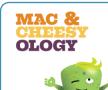
Chilled Diced Peaches Seasoned Spinach

31

Soft Shell Turkey Taco Salsa. Cheese

Fresh Orange Wedge Fresh Gala Apple Seasoned Kidney











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All meals served with Low Fat and Skim milk

This institution is an equal opportunity provider. Due to Supplier shortages Menu Subject To Change Without Notice